

# Le Sel Bistro ~ Brunch

We are a French-style restaurant and have taken care to create a menu comprised of traditional French dishes with locally sourced foods.

Our dishes are made to order with attention to taste, aroma and texture, therefore can take time to create.

We want you to sit back, relax and enjoy your dining experience with Le Sel Bistro. Bon Appetit!

## ❖ Breakfast Curiosities ❖

### Pastry Wrapped Triple Cream Brie

Triple Cream Brie. Puff Pastry. Granny Smith Apples.  
Toasted Baguette. Jam. Balsamic. Hazelnuts 24

### Asparagus A La Hollandaise

Garlic & Lemon Sautéed Asparagus. Hollandaise Sauce.  
Balsamic Reduction 15

### Burrata & Brown Butter Mushrooms

Burrata. Brown Butter. Shallots. Garlic. Medley of Adams  
Locally Foraged Mushrooms. Toasted Baguette Slices 18

### Bagel & Nova

Cold Smoked Salmon. Whipped Cream Cheese.  
Caper berries. Toasted Bagel. Balsamic Arugula Salad 22

### Traditional Breakfast

Bacon, Ham or Pork Belly. Two Eggs.  
Toast. Breakfast Potatoes 20

### Avocado & Nova Salmon Toast

Poached Egg\*. Cold Smoked Salmon. Avocado.  
Hollandaise Sauce. Artisan Bread. Balsamic Arugula Salad 24

### Lamb Chops, Grits & Eggs

Lamb Chops. Sunnyside Eggs\*.  
White Cheddar Grits. Balsamic Arugula Salad 30

### Bacon Lardon & Brussels

Brussel Sprouts roasted in Lardon. Shallots. Bacon.  
Poached Egg\*. Balsamic Glaze 20 - Add Avocado 3

### Mushroom Medley

Adam's Locally Foraged Mushrooms. Poached Egg\*.  
Arugula. Gruyere. Cream. Thyme. Toasted Baguette 22

### Pastries

Ask your server for our daily selection.

## ❖ Brioche French Toast ❖

### A La Banane

Caramelized Banana. Roasted Hazelnuts.  
Mascarpone 18

### Pommes

Caramelized Apple. Roasted Hazelnuts.  
Mascarpone 18

## ❖ Omelets ❖

*served with breakfast potatoes, cheddar grits, fruit, mixed green salad  
or balsamic arugula salad*

### Hardwood Smoked Bacon

Hardwood Smoked Bacon. Arugula.  
Aged White Cheddar 22

### Local Foraged Mushrooms

Adam's Locally Foraged Mushrooms.  
Goat Cheese. Arugula. Tomato 22

### Jambon de Paris

Smoked Ham. Caramelized Onion.  
Tomato. Béchamel Sauce 22

\*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your chances of food borne illness.

\*All foods are cooked to order. Not all ingredients are listed. Please alert your server to any allergies.

\*\* One check required for parties of 6 or more.

## ❖ Benedicts ❖

*served with breakfast potatoes, cheddar grits, fruit, mixed green salad  
or balsamic arugula salad.*

### Pork Belly

Poached Eggs\*. Pork Belly. Tomato. Arugula.  
Hollandaise. English Muffin 24

### Nova

Poached Eggs\*. Cold Smoked Salmon. Avocado.  
Tomato. Capers. Hollandaise. English Muffin 26

### Traditional

Poached Eggs\*. Smoked Ham.  
Hollandaise. English Muffin 20

### Filet Mignon

Poached Eggs\*. Prime Filet Mignon\*. Arugula.  
Hollandaise. English Muffin 30

### B.T.A.

Poached Eggs\*. Bacon. Tomato.  
Avocado. Hollandaise. English Muffin 21

## ❖ Soup & Salad ❖

### French Onion Soup

House made French Onion topped with  
Garlic Butter Gruyere Toasted Baguette 9

### Arugula Salad

Arugula. Tomato. Watermelon Radish. Balsamic 8

### House Salad

Mixed Greens. Watermelon Radish. Tomato. Blue Cheese.  
Granny Smith Apples. Candied Hazelnuts  
Starter 8 - Entrée 14

## ❖ Burger & Sandwiches ❖

*served with breakfast potatoes, cheddar grits, fruit, mixed green salad  
or balsamic arugula salad - sub soup 4*

### Breakfast Sandwich

Bacon, Smoked Ham or Pork Belly. Scrambled Egg. Tomato.  
Aged White Cheddar. Toasted Bagel 20

### Le Sel Burger

Ground Chuck. Triple Cream Brie. Bacon Jam. Arugula.  
Tomato. Garlic Aioli. Pickle. Brioche Bun 22

### Chicken & Brie

Citrus Chicken. Triple Cream Brie. Date Jam.  
Caramelized Onion. Arugula. Baguette 21

### Grilled Bacon & Cheese

Hardwood Smoked Bacon. Aged White Cheddar.  
Tomato. Arugula. Sourdough Bread 20

### Croque Madame

Smoked Ham. Brioche. Béchamel Sauce.  
Sunnyside Egg\* 20

# Le Sel Bistro Beverages

## ✿ Mimosas ✿

Your choice 12

**Blackberry ~ Cherry ~ Coconut**  
**Cranberry ~ Ginger ~ Grapefruit ~ Orange**  
**Pear ~ Pear Ginger ~ Pineapple**  
**Pomegranate ~ Watermelon**

**"Mimosa with Wings"**

\* Add Regular or Sugar free Redbull \$3 \*

## ✿ Bloody Mary's ✿

**Bourbon & Bacon**

Kentucky Straight Bourbon. Applewood Smoked Bacon 14

**Farmer's**

House-infused Pickle Vodka or Regular Vodka.

Pork Belly Garnish 14

**Bloody Maria**

Blanco Tequila. Tajin Rim 13

**Traditional**

House-infused Pickle Vodka or Regular Vodka 13

**Caesar**

House-infused Pickle Vodka or Regular Vodka.

Clamato Juice. 13

## ✿ Cocktails ✿

Your choice 13

**Blueberry Lavender Lemon Drop**

Vodka. Triple Sec. Lavender. Lemon. Blueberry

**Dreamy Gin**

Gin. Triple Sec. Campari. Bitters. Lemon. Egg white\*

**French Vacation**

Appleton Rum. Sparkling Wine. Bitters. Simple. Lime. Mint

**Grapefruit Bourbon Sour**

Bourbon. Bitters. Grapefruit. Simple. Lime. Egg white\*

**Morning Mule**

Vodka. Orange. Lime. Ginger beer

**Spicy Pineapple Margarita**

Tequila. Agave. Lime. Pineapple. Jalapeño. Tajin Rim

## ✿ Juice ✿

Your choice 6

**Cranberry ~ Grapefruit ~ Orange**

**Pineapple ~ Tomato**

## ✿ Coffee/Energy ✿

by Caffé Vita ~ Seattle Washington

**French Press**

Organic Sumatra Gayo River Blend

**2 Cup Press 8**

**4 Cup Press 16**

**Espresso**

Organic Del Sol Blend

**Americano or Demitasse 6**

**Cappuccino or Latte 7**

**Breve 7.5**

**Energy Spritzer**

Regular or Sugar Free Redbull. Flavor of your choice 7

## ✿ Loose Leaf Teas ✿

Your choice 7

**Ruby Oolong**

Oolong is deeply oxidized and slowly baked. Complex layers of cocoa, raisins and black cherry with aromatic notes of caramelized fruit and chocolate

**Darjeeling Earl Grey**

Organic bergamot oil from Calabria Italy, sweet, toasted cocoa flavor of black tea base, bright, warm and comforting black tea

**English Breakfast**

A blend of black teas, full bodied, brisk and malty with a nuanced caramel sweetness

**Jade Cloud Green**

Three styles of Green Tea, steamed, oven baked and roasted; blended together to make the perfect tea.

**Peppermint**

Naturally caffeine-free, Peppermint is a smooth, relaxing and flavorful tea.

**Lemon Chamomile**

Herbal infusion with lemon rind, calming notes of honey and fig, whole chamomile flowers, strong sweet fragrance

**Masala Chai**

Robust and malty Assam balanced with orange pekoe. Spicy yet balanced, highlighting aromatic Guatemalan cardamom, hot and citrusy ginger and sweet cinnamon with accents of black pepper and fragrant cloves

**Hibiscus Berry**

The botanical blend of rosehips, currants, elderberries and hibiscus make for a tangy-sweet tea bursting with flavor.