Dinner

Welcome to Le Sel Bistro! We are a small family owned restaurant and have taken care to create a menu comprised of traditional French 'American dishes with locally sourced foods. Our dishes are made to order with attention to taste, aroma and texture, therefore can take time to create. We want you to sit back, relax and enjoy your dining experience with Le Sel Bistro. Bon Appetit!

Hors d'oeuvres Pastry Wrapped Triple Cream Brie

Triple Cream Brie. Puff Pastry. Granny Smith Apples. Toasted Baguette. Jam. Balsamic Glaze. Hazelnuts 25

Bacon Lardon & Brussels

Brussel Sprouts roasted in Lardon. Shallots. Bacon. Balsamic Glaze 20

Pastry Bites

Caramelized Onions. Locally Foraged Mushrooms. Gruyere. Puff Pasty. Date Jam 16

Moules Marinières

Mussels. White Wine. Butter. Shallots. Garlic. Toasted Baguette 22

Chevre Dip Goat Cheese. Roasted Garlic. Honey. Thyme. Toasted Baguette 20

Toasted Baguette

Toasted Baguette. House Made Garlic Butter 7

* la Soup & Salade * French Onion Soup

Our homemade French Onion topped with

Gruyere - Fontina - Gouda Blend & Toasted Baguette 12

Soup of the Day

Cup 6 Bowl 9

House Salad

Mixed Greens. Radish. Tomato. Blue Cheese. Granny Smith Apples. Candied Hazelnuts Starter 9 ~ Entrée 15

Baby Arugula Salad

Arugula. Tomato. Radish. Balsamic Starter 9 ~ Entrée 15

Strawberry Spring Salad

Mixed Greens. Goat Cheese. Strawberries Almonds. Lemon Vinaigrette Starter 9 ~ Entrée 15 Additions to any Salad: Chicken Breast 9 ~ Fish of the Day MP



Filet Mignon

60z Prime Filet Mignon. Au Poivre. Served with Garlic Mashed Potatoes ඌ Seasonal Vegetables 58

Cassoulet

Airline Chicken. Sausage. Cannellini Beans. Pancetta. Lardon. Bread Crumbs. Toasted Baguette 32

Le Sel Burger

Ground Chuck. Triple Cream Brie. Bacon Jam. Arugula. Tomato. Garlic Aioli. Pickle. Brioche Bun. Side Salad 22

Duck Breast

Pan seared Duck Breast. Orange Glaze Served with Garlic Mashed Potatoes & Seasonal Vegetables 45

Lamb Chops

Herb Crusted Lamb Chops. Port Sauce Served with Garlic Mashed Potatoes & Seasonal Vegetables 48

Chicken

House Marinated Airline Chicken. Chicken Jus Served with Garlic Mashed Potatoes & Seasonal Vegetables 32

Fish of the Day

MP Rotating Starch & Seasonal Vegetables

Ratatouille

Eggplant. Zucchini. Tomato. Marinara. Garlic. Herbs. Toasted Baguette 18

*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your chances of food borne illness.
*All foods are cooked to order. Not all ingredients are listed. Please alert your server to any allergies.
** One check required for parties of 6 or more with 20% auto-gratuity